

## Mosaic Ex-Offender Mentoring Programme:

### Who we are:

Mosaic, part of The Prince's Trust, provides an Ex-Offender Mentoring Programme that connects mentors from different professions to prisons across the UK, working with them to provide focused support and mentoring opportunities to offenders aged 18 to 30 years old approaching the end of their custodial sentence. The programme offers a one-to-one mentoring relationship which lasts for 12-18 months, with mentors committing between one and two hours a month during that period both in the prison and subsequently in the community

### Who is eligible to receive help?

To be eligible to receive a mentor on this programme, potential mentees must:

- Be aged 18-30 at the beginning of the mentoring relationship;
- Not be convicted of a sexual assault;
- Be eligible for release back in to the local community and not be liable for deportation
- Approaching the end of their sentence (6 months maximum, 12 weeks minimum)



**Reoffending is thought to be reduced by up to two-thirds if a prisoner leaves prison with a job and home to go to.**

*My involvement in this programme has really changed my life. If it wasn't for my mentor, I would probably be back in prison now. As it is, I've managed to stay out of trouble, get a job and get back to together with my girlfriend. Life is looking good! –*  
**Mosaic mentee**

### What do mentoring sessions focus on?

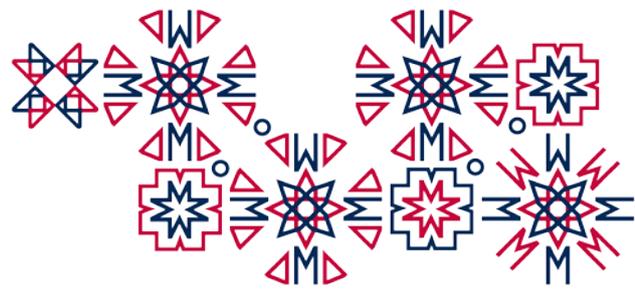
Mentoring sessions will be bespoke and relevant to the particular person being mentored. Broadly, sessions will look at:

- **Employment** – is the mentee ready to enter the employment market? Do they have a CV? Are they prepared to do voluntary work to build their experience or obtain a reference?
- **Education / skills** – looking at the level of education and skills individuals have attained and whether there is scope to build on this after release;
- **Accommodation** – ensuring that individuals have somewhere to live upon release from prison;
- **Relationships** – what are the offender's relationships with family and friends like? Are they supportive or destructive? Does the individual need to make changes in these areas?



**Mosaic**

The Power of Positive Thinking



### **Who are Mosaic's mentors?**

Mosaic mentors come from all walks of life and from many different backgrounds; we are very lucky to have a diverse network of volunteers from which to recruit. Whilst individual prisons may stipulate specific types of people to volunteer at their establishment (e.g. in terms of age), Mosaic generally has need to recruit a broad range of people to fill our mentoring vacancies. This includes men and women aged 21 and over, professionals, retirees, individuals of various faiths etc.

### **Contact:**

**Zahida Parveen, Mosaic Prison  
Coordinator:**

[Zahida.Parveen@princes-trust.org.uk](mailto:Zahida.Parveen@princes-trust.org.uk)

**Tel: 07718 792569**